

# Dual Degree BACHELOR of SCIENCE in SPORTS MEDICINE MASTER of SCIENCE in ATHLETIC TRAINING

For Students Entering the Master of Science in Athletic Training Program Summer 2025 & Beyond

Core Curriculum: Concordia Common Core				
CCE 1010	Christian Citizen	3		
CCE 1020	Western Culture & Worldview	3		
CCE 1030	Western Thought & Worldview	3		
CCE 1040	Science & Humanity	3		
REL 1000	The Bible	3		
REL 1100	Christian Faith	3		
	Total Credits	18		

Core Curricu	llum: Liberal Arts Dimensions	Credits
Core Elective	Faith & Life	3
<sup>P</sup> BIO 1801	Human Anatomy & Physiology I	4
MATH 2050	Statistics I (preferred)	3
Core Elective	Society & Culture	3
HHP 1100	Stewardship of the Body	1
HHP 1520	Weight Training (preferred)	1
<sup>P</sup> PSY 1010	General Psychology	3
Core Elective	Human Creativity & Expression	3
ENG 1040	Introduction to Writing	3
Core Elective	Communication & Language	3
	Total Credits	27

Attrictic Training. Prefequisite Courses				
<sup>P</sup> AT 1575	Seminar in Athletic Training I	1		
<sup>P</sup> AT 2575	Seminar in Athletic Training II	1		
<sup>P</sup> BIO 1802	Human Anatomy & Physiology II	4		
PEXS 3342	Nutrition for Wellness & Performance	3		
<sup>P</sup> EXS 3375	Biomechanics	3		
PEXS 3470	Exercise Physiology	4		
<sup>P</sup> SCI 1100	Introduction to Life & Physical Sciences	4		
	(or postsecondary coursework in Biology,			
	Chemistry, & Physics)			

Athletic Trai	ning: Required Major Courses	Credits
AT 5500	Patient Centered Care	3
AT 5510	Psychosocial Aspects of Athletic Training	3
AT 5520	Athletic Training Foundations	3
AT 5530	Athletic Training Clinical I	1
AT 5540	Professional Development	1
AT 5550	Recognition & Evaluation of Ortho Injuries I	4
AT 5560	Emergency Care in Athletic Training	3
AT 5570	Athletic Training Clinical II	2
AT 5600	Administration & Management in AT	4
AT 5610	Rehabilitation Techniques of Ortho Injuries I	3
AT 5620	Recognition & Evaluation of Ortho Injuries II	4
AT 5630	Athletic Training Clinical III	3
AT 5640	Therapeutic Modalities	3
AT 6510	Rehabilitation Techniques of Ortho Injuries II	3
AT 6520	Recognition & Evaluation of Ortho Injuries III	4
AT 6530	Athletic Training Clinical IV	3
AT 6540	General Medical Conditions	4
AT 6575	Seminar in Athletic Training III	3
AT 6600	Research Methods	3
AT 6610	Case Studies in Athletic Training	3
AT 6630	Athletic Training Clinical V	3

Electives			Credits
Electives			16
		<b>Total Credits</b>	16
	Total Credits: 150		

Immersion Experience in Athletic Training

### **REQUIRED ELEMENTS**

20

**Total Credits** 

- ⇒ One course must have a "culture" designation, noted with an (\*)
- ⇒ Two courses must have a "writing intensive" designation, noted with a (w)

AT 7800

6

69

**Total Credits** 

<sup>&</sup>lt;sup>P</sup> Prerequisite Course for the CUW MSAT Program



## **Dual Degree BACHELOR of SCIENCE in SPORTS MEDICINE MASTER of SCIENCE in ATHLETIC TRAINING**



ATHLETIC TRAINING

For Students Entering the MSAT Program Summer 2025 & Beyond

Suggested Pre-Professional Phase

YEAR 1					
SEMESTER 1	l   Fall	Credits	SEMESTER 2	Spring	Credits
<sup>P</sup> AT 1575	Seminar in AT I	1	<sup>P</sup> BIO 1801	Human Anatomy & Physiology I	4
<sup>P</sup> PSY 1010	General Psychology	3	P EXS 3342	Nutrition for Wellness & Performance	3
CCE 1010	Christian Citizen	3	HHP 1100	Stewardship of the Body	1
CCE 1020	Western Culture & Worldview	3	REL 1000	The Bible	3
ENG 1040	Intro to Writing	3	Core Elective	Communication & Language	3
REL 1100	Christian Faith	3	Core Elective	Society & Culture	3
<b>Total Credits</b>		16	<b>Total Credits</b>		17

YEAR 2							
SEMESTER 3	Fall	Credits	SEMESTER 4	Spring	Credits		
<sup>P</sup> BIO 1802	Human Anatomy & Physiology II	4	<sup>P</sup> EXS 3375	Biomechanics	3		
PEXS 3470	Exercise Physiology	4	<sup>P</sup> SCI 1100	Intro to Life & Physical Sciences	4		
<sup>P</sup> AT 2575	Seminar in AT II	1	CCE 1040	Science & Humanity	3		
CCE 1030	Western Thought & Worldview	3	HHP 1520	Weight Training (preferred)	1		
MATH 2050	Statistics I (preferred)	3	Core Elective	Faith & Life	3		
Core Elective	Human Creativity & Expression	3		Elective	3		
<b>Total Credits</b>		18	<b>Total Credits</b>		17		

#### Professional Phase

YEAR 3						
SEMESTER 5   Fall		Credits	SEMESTER 6	Spring	Credits	
AT 5500	Patient Centered Care	3	AT 5510	Psychosocial Aspects of AT	3	
AT 5520	AT Foundations	3	AT 5570	AT Clinical II	2	
AT 5530	AT Clinical I (Fall B term)	1	AT 5610	Rehab Techniques of Orthopedic Injuries I	3	
AT 5550	Rec & Eval of Orthopedic Injuries I	4	AT 5620	Rec & Eval of Orthopedic Injuries II	4	
AT 5560	Emergency Care in AT	3	AT 5640	Therapeutic Modalities	3	
	Elective	1	<b>Total Credits</b>		15	
<b>Total Credits</b>		15				

YEAR 4					
SEMESTER 7	Fall	Credits	SEMESTER 8	Spring	Credits
AT 5540	Professional Development	1	AT 5600	Administration & Management in AT	4
AT 5630	AT Clinical III	3	AT 6530	AT Clinical IV	3
AT 6510	Rehab Techniques of Orthopedic Injuries II	3	AT 6600	Research Methods	3
AT 6520	Rec & Eval of Orthopedic Injuries III	4		Elective	3
AT 6540	General Medical Conditions	4		Elective	3
<b>Total Credits</b>		15	<b>Total Credits</b>		16

		YE/	AR 5		
SEMESTER	9   Fall	Credits	SEMESTER :	LO   Spring	Credits
AT 6575	Seminar in AT III	3	‡ AT 6610	Case Studies in AT	3
AT 6630	AT Clinical V	3	AT 7800	Immersion Experience in AT	6
	Electives	6	<b>Total Credits</b>		9
Total Credits	S	12			9

P Prerequisite

All Core Curriculum courses (45 credits) must be completed during the first 8 semesters

The outlined 5 Year Academic Plan is tentative, is subject to change, and is not a guarantee of course availability

<sup>‡</sup> Possibly Online



# Dual Degree, Scholars Track BACHELOR of SCIENCE in SPORTS MEDICINE MASTER of SCIENCE in ATHLETIC TRAINING



ATHLETIC TRAINING

For Students Entering the MSAT Program Summer 2025 & Beyond

ATHLETIC TRAINING

### Suggested Pre-Professional Phase

YEAR 1					
SEMESTER 1	.   Fall	Credits	SEMESTER 2	Spring	Credits
<sup>P</sup> AT 1575	Seminar in AT I	1	<sup>P</sup> BIO 1801	Human Anatomy & Physiology I	4
<sup>P</sup> PSY 1010	General Psychology	3	P EXS 3342	Nutrition for Wellness & Performance	3
CCE 1010	Christian Citizen	3	HHP 1100	Stewardship of the Body	1
CCE 1020	Western Culture & Worldview	3	REL 1000	The Bible	3
ENG 1040	Intro to Writing	3	Core Elective	Communication & Language	3
REL 1100	Christian Faith	3	Core Elective	Society & Culture	3
<b>Total Credits</b>		16	<b>Total Credits</b>		17

YEAR 2					
SEMESTER 3	Fall	Credits	SEMESTER 4	Spring	Credits
<sup>P</sup> BIO 1802	Human Anatomy & Physiology II	4	P EXS 3375	Biomechanics	3
PEXS 3470	Exercise Physiology	4	<sup>P</sup> SCI 1100	Intro to Life & Physical Sciences	4
<sup>P</sup> AT 2575	Seminar in AT II	1	CCE 1040	Science & Humanity	3
CCE 1030	Western Thought & Worldview	3	HHP 1520	Weight Training (preferred)	1
MATH 2050	Statistics I (preferred)	3	Core Elective	Faith & Life	3
Core Elective	Human Creativity & Expression	3		Elective	3
<b>Total Credits</b>		18	<b>Total Credits</b>		17

#### Professional Phase, Scholars Track

YEAR 3													
SEMESTER 5	Summer	Credits	SEMESTER 6	5   Fall	Credits	SEMESTER	7   Spring	Credits					
†AT 5500	Patient Centered Care	3	AT 5520	AT Foundations	3	AT 5600	Admin & Management in AT	4					
	(Summer B term)		AT 5530	AT Clinical I (Fall A term)	1	AT 5610	Rehab Techniques Ortho Inj I	3					
	Elective	3	AT 5540	Professional Development	1	AT 5620	Rec & Eval of Ortho Injuries II	4					
<b>Total Credits</b>		6	AT 5550	Rec & Eval of Ortho Injuries I	4	AT 5630	AT Clinical III	3					
			AT 5560	Emergency Care in AT	3	AT 5640	Therapeutic Modalities	3					
			AT 5570	AT Clinical II (Fall B term)	2	<b>Total Credits</b>		17					
				Elective	3								
			<b>Total Credits</b>		17								

YEAR 4													
SEMESTER 8   Summer Cre		Credits	SEMESTER 9   Fall		Credits	SEMESTER 10   Spring		Credits					
AT 7800	Immersion Exp in AT	6	AT 6510	Rehab Techniques Ortho Inj II	3	AT 5510	Psychosocial Aspects of AT	3					
	Elective	3	AT 6520	Rec & Eval of Ortho Injuries III	4	AT 6600	Research Methods	3					
<b>Total Credits</b>		9	AT 6530	AT Clinical IV	3	‡ AT 6610	Case Studies in AT	3					
			AT 6540	General Medical Conditions	4	AT 6630	AT Clinical V	3					
			AT 6575	Seminar in AT III	3		Elective	1					
			<b>Total Credits</b>		17		Elective	3					
	Total Credits				s	16							

P Prerequisite

The outlined 4 Year Scholars Academic Plan is tentative, is subject to change, and is not a guarantee of course availability

<sup>†</sup> Online

<sup>‡</sup> Possibly Online